Sleep Medicine and Dentistry Mini-Residency
Class 2 | 2015

Lectures, Hands-on Workshops, Case Reviews
Approximately 48 CE Credits for the 3 Sessions
Enrollment Strictly Limited to 30 Students – Act Now!

Session 1 April 17–18, 2015
Session 2 May 15–16, 2015
Session 3 June 19–20, 2015

Learn From the Experts at AACP!
Gain the knowledge and clinical skills required to assess and differentially diagnose commonly encountered Temporomandibular Disorders seen in a dental practice that may impact the successful management of a patient with Sleep Disordered Breathing. In addition you will gain advanced medical and dental training to successfully treat patients with these disorders. Simultaneously you will make progress toward fulfilling AACP Fellowship and AGD Mastership requirements.

Presented at the
AMA Atlanta Executive Conference Center | Atlanta, Georgia

LIMITED ENROLLMENT | REGISTER NOW
CALL 800.322.8651 OR FAX 703.435.4390
Dear Colleagues,

I would like to invite you to participate in the newest of the AACP Institute’s training program: Sleep Medicine and Dentistry Mini-Residency.

This three–session training experience will provide you with a comprehensive learning experience in sleep disordered breathing from a comprehensive medical and dental perspective.

The field of “Dental Sleep Medicine,” as it now referred to, is expanding exponentially. There are a variety of reasons for this. There is an increasing awareness of obstructive sleep apnea, frustration by patients and doctors regarding CPAP usage, increased marketing by large dental supply companies and device manufacturers to the dental community and the prospect of increased production adding to the profitability of the dental practice.

Using oral appliances to reposition the mandible is certainly not a new concept. Dentists have been modifying mandibular position for decades for various reasons. One of the traditional reasons has been to treat people with temporomandibular disorders and craniofacial pain. The American Academy of Craniofacial Pain was founded in 1985 by forward thinking dentists who had a special interest in helping people with TMJ disorders and pain problems, emphasizing an orthopedic and structural approach.

The AACP recently published a white paper entitled “Special Consideration Regarding the Assessment and Management of Patients Being Treated with Mandibular Advancement Oral Appliance Therapy for Snoring and Obstructive Sleep Apnea.” The position taken in this paper is that those who wish to help people with snoring and obstructive sleep apnea using oral appliance should be competent in the evaluation, diagnosis and management of TMJ disorders and craniofacial pain. Currently, the vast majority of dentists (as well as physicians) who are fitting patients with oral appliances for snoring and sleep apnea have little or no training regarding TMJ disorders and craniofacial pain, and therefore are NOT competent in the evaluation, diagnosis and management of these issues.

This Mini-Residency was specifically developed by experts in the AACP to provide a fundamental understanding of TMD and Craniofacial Pain, How TMD can effect sleep disordered breathing treatment outcomes and how such treatment effects TMD. Additionally this program will provide foundational knowledge in Sleep disordered breathing issues from a medical perspective and emphasize the treatment of these disorders from a dental perspective.

To fulfill these objective the AACP Institute has drawn from Physicians who are leaders in the field of sleep medicine as well as dental experts with extensive training and clinical experience in the dental treatment of these disorders.

I invite you to join us for this exceptional learning experience. But, act quickly. Course enrollment is strictly limited to 30 participants. So if this is the direction your practice is following or is a new direction that you wish to explore register today.

Terry R. Bennett, DMD
AACP Institute Staff

Program Benefits

Enrollment is strictly limited to 30 participants to ensure quality instruction. This exceptional learning experience incorporates training from both dentist and physicians who are leaders in the field.

This program examines this complex discipline from both a medical and dental perspective incorporating important principles of diagnosis and treatment.

You will leave the program understanding the importance of recognizing TMD prior to initiating treatment and what to do if issues develop after treatment is initiated.

Teaching/Learning Methodologies

Lecture and participation is included with emphasis on clinically relevant knowledge and developing clinical skills.

Training by both dentists and physicians increased the scope of understanding while fostering the importance of a team approach to insure the highest level of patient care.
Distinguished Faculty

Dental Staff

Terry R. Bennett, DMD
AACP Past-President
Diplomate: American Board of Craniofacial Pain
American Board of Dental Sleep Medicine
Academy of Pain Medicine
Fellow: AACP

Mayoor Patel, DDS, MS
AACP Board Member
Diplomate: American Board of Craniofacial Pain
American Board of Orofacial Pain
American Board of Dental Sleep Medicine
Fellow: AACP, AAOP, ICCMO, AGD

Featured Speakers

David G. Dillard, MD,
a Navy veteran, is board certified by the American Board of Otolaryngology, Head and Neck Surgery in Otology (ear diseases and surgery), Rhinology (nose and sinus diseases and surgery), Laryngology (voice box disorders and surgery), Head and Neck Surgery (primarily cancer surgery of the throat, nose, larynx and neck) and Facial Plastic Surgery. He has practices in both Athens and Lawrenceville, Georgia. Dr. Dillard has over a decade of experience in the treatment of ENT problems with special interests in sinusitis, ear problems, vertigo, and obstructive sleep apnea. In fact, Dr. Dillard is the patent-pending innovator of multiple devices and treatments that are the result of his many years of experience in his field. In regards to sleep apnea, he has performed over 500 of his patent-pending V.O.A.T. surgeries. He has published a number of research articles in major Otolaryngology journals and is one of the most experienced Sinuplasty surgeons in the country. He was the first surgeon certified in Georgia for in-office Sinuplasty.

Jeffrey Durmer, MD, PhD
President & Chief Medical Officer at FusionHealth, is an adjunct professor at Georgia State University Department of Health Professions, and co-founder, Chief Medical Officer and President of FusionHealth, an Atlanta-based sleep health technology company. He is a neurologist, systems neuroscientist and sleep medicine physician with particular expertise in technology enabled sleep-health delivery systems. At FusionHealth he is responsible for the development of novel medical systems that provide scalable solutions using platform-based technology to diagnose, treat and manage sleep disorders in large employer and health system populations. Prior to

FusionHealth, he directed the Emory University pediatric sleep medicine program, as well as the adult sleep laboratory and sleep medicine training programs. He has published multiple medical textbook chapters, original research papers and abstracts, and collaborated with international clinical research teams to develop the clinical criteria utilized to diagnose and treat Willis-Ekbom Disease.

Gilles Lavigne, DMD, PhD, FRCD
is internationally recognized for his experimental and clinical research projects on sleep bruxism and the interactions between sleep, pain, and breathing disorders. He currently conducts studies on 1) the role of sleep in placebo analgesia and pain relief expectations in emergency medicine, 2) the influence of opioids on sleep airway function, and 3) sleep and pain interactions in brain injury patients. Dr. Lavigne completed his postdoctoral training on the neurobiology of pain at NIH, Bethesda, USA. He received a Doctor honoris causa from the Faculty of Medicine, University of Zurich, Switzerland. He holds a Canada Research Chair in Pain, Sleep & Trauma and is Dean of the Faculty of Dental Medicine at the Université de Montréal, Canada. He was President of the Canadian Sleep Society and is currently President of the Canadian Pain Society (2014–2016). He is co-founder and past Director of the three research networks for Oral Health, Pain and Placebo Mechanisms under the Fonds de la Recherche en Santé du Quebec and the Canadian Institutes of Health Research (CIHR).

Noshir R. Mehta, DDS, MS,
is Associate Dean of Global Relations, Professor in the Department of Public Health and Community Service, and Senior Advisor to the Craniofacial Pain, Headache and Sleep Center at Tufts University, School of Dental Medicine in Boston, MA. Dr. Mehta has over 30 years’ experience as Director of the Craniofacial Pain Center treating TMJ patients with a multidisciplinary approach to the diagnosis and treatment of TM Disorders. Under his Directorship, the Craniofacial Pain Center at Tufts expanded to include teaching of undergraduate and postgraduate students, research in TMD and Orofacial pain and treatment of all aspects of head, face and neck pain, and dental sleep disorders such as bruxism and sleep apnea. The center continues to treat approximately 2,000 new patients a year, referred from all over the world. Dr. Mehta is a Diplomate of the American Board of Orofacial Pain and American Board of Dental Sleep Medicine. He is a Fellow of the International College of Dentists, Fellow of the American College of Dentists and Fellow of the Pierre Fouchard Academy.

Continuing Education Credits

Approximately 48 CE credits are available to participants in this 3-session Sleep Medicine and Dentistry Mini-Residency.

ADA CERP® Continuing Education Recognition Program

AACP is an ADA CERP-Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education.

ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

AACP designates this program for approximately 96 credit hours of continuing education credits.

November 1993 to December 2015.
Session I

- Physiology of Normal & Abnormal Sleep
- Classification of sleep disorders
- Sleep Bruxism, TMD- orofacial pain and sleep breathing interactions
- Muscular problems, Internal Derangements
- TMJ Exam, Upper airway evaluation
- Dentistry role in sleep medicine and identifying patients within your practice
- Impression/Bite
- Head and neck anatomy review
- Understanding oral appliance therapy
- Intro to medical billing
- Performing a examination and taking a bite (hands on)

Session 2

- Understanding the TMJ and it's interrelationship with SDB
- Treatment options for OSA
- Process of appliance delivery & Titration of OA
- Understanding treatment failures
- Understanding the Polysomnogram and HST
- Managing side effects of OAT
- Marketing you sleep practice/ Building relationships
- Understanding the role of the Nasal passage, CT of nasal and airway, sinus and GERD in OSA
- Question and Answer on cases treated in your office
- Fitting of appliance (hands on)

Session 3

- CBT and its role in managing sleep apnea
- How to determine success
- Dual or Hybrid Therapy
- TMJ splint therapy
- Sleep apnea in children
- Long term follow up care
- Case studies
- Understanding Impression and materials
- Review of TMJ, Managing side effects
- Role of dental team in a dental sleep medicine practice
- Adjunct therapy for pain management
- Practice management
**Forms of Payment**

**VISA, MasterCard or Check** (in US funds, drawn on a US bank)

**Note:** Tuition payment must be received by the AACP to reserve your space in this limited-enrollment mini-residency program!

**Join and Save!**

Tuition savings is one of many benefits of being an AACP member.

To qualify, simply submit a completed AACP membership application (with processing fee) with your Craniofacial Pain Mini-Residency program registration.

To request your membership application, call AACP at **800.322.8651** OR visit our website at [www.aacfp.org](http://www.aacfp.org).

**Cancellation Policy**

Refunds will be made only if your space is filled. Refund requests (less 10% of TOTAL cost of the program) must be submitted in writing or email at least 30 days prior to the program start date. Due to non-refundable commitments, we cannot offer refunds after this date.

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**American Academy of Craniofacial Pain**

Leading the TMD and Dental Sleep Community

[www.aacfp.org](http://www.aacfp.org)

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**Vision:**

The American Academy of Craniofacial Pain will continue to be the organization promoting advancement of knowledge in Craniofacial Pain, Temporomandibular Disorders, and Dental Sleep Medicine by providing a common ground for clinical practice and research to professionals for the benefit of the public.

**Mission:**

The American Academy of Craniofacial Pain is committed to the relief of craniofacial pain, temporomandibular disorders and dental sleep related disorders and supporting the advancement of education, research and dissemination of knowledge and skills in these areas.

“Leading the TMD and Dental Sleep Community” is more than a slogan. It is our guiding rule! To ensure that our members are heard, since 1985 the AACP has been actively involved with:

- Research organizations, such as the National Institutes of Health (NIH) and the National Institute of Dental & Craniofacial Research (NIDCR).
- Professional and political organizations, including the American Dental Association (ADA), state and local dental associations, licensing boards and the Food & Drug Administration (FDA).
- Ongoing clinical research that elevates professional standards of diagnostic testing, treatment protocols and outcome effectiveness.
New for 2015: Optional Observation of PSG and/or CPAP Titration Studies at an Atlanta Sleep Lab

Our upcoming mini-residency is filling up! Register today and you will also have the option to observe PSG and/or CPAP titration studies being performed at Fusion Sleep Lab, an AASM accredited sleep lab, to gain observation hours. To complete these observation hours, you may select from Thursday night before the start of the course, or Friday and/or Saturday night.

Remember, though, spaces are limited to two dentists per night. The hours that you spend observing can also apply to the requirements for Board examination with the ABDSM or ABCDSM. At the end of the 3-part mini-residency, you will receive a letter that states the hours of observation completed. We recommend that you spend 5 hours per night observing. However, you are free to choose the best fit for your needs or interests.

Contact us for more information or to sign up for this upcoming mini-residency.

ACCOMMODATIONS

The AMA Atlanta Executive Conference Center has negotiated corporate rates with two hotels within easy walking distance of the Center. Contact one of these hotels for your hotel accommodations during this AACP training event. Mention the AMA Atlanta Executive Conference Center when you call and ask them for the AMA corporate rate.

If you have further questions about accommodations or the AMA Center, call the Center at 404-892-7599.

Driving Directions to the AMA Atlanta Executive Conference Center

From the south, airport and Macon: Take I-75/85 North to 10th and 14th Street exits. Exit at 10th Street, take a right onto 10th Street, continue to Peachtree Street (third light) and take a left. At 14th and Peachtree take a right onto 14th Street and take the first right turn on to Juniper Street. The parking entrance to the Lanier/Campanile Parking Facility is the 2nd left on the left side of the Juniper Street. After leaving the Campanile Parking Facility on Juniper head west on 14th and Peachtree Streets. Cross Peachtree Street and 1170 Peachtree Street also known as The Proscenium Building is straight ahead. Proceed through front building entrance and go to the elevator bank marked 2-12. The AMA Atlanta Executive Conference Center is on the 3rd level. Please check in with security at the lobby desk if you have questions.

From North on I-75: Take 75 South to the 10th and 14th Street Exit. Take a left onto 14th Street. Cross over Interstate 75 and continue East on 14th Street. Cross Peachtree Street and take the first right turn on to Juniper Street. The parking entrance to the Lanier/Campanile Parking Deck is the 2nd left turn on the left side of the Juniper Street. After leaving the Campanile Parking Facility on Juniper head west on 14th and Peachtree Streets. Cross Peachtree Street and 1170 Peachtree Street also known as The Proscenium Building is straight ahead. Proceed through front building entrance and go to the elevator bank marked 2-12. The AMA Atlanta Executive Conference Center is on the 3rd level. Please check in with security at the lobby desk if you have questions.

Please bring your parking ticket to the AMA Customer Service Desk to receive a parking sticker that will validate your discount parking of $7.00 a day.

Marriott Suites Midtown Atlanta
35 14th Street, NE
404.876.8888
$174.00 per night

Lowes Atlanta Hotel
1065 Peachtree Street, NE
404.745.5000
Starting at $189.00 per night
NOTE:

Please initial at the left to confirm that you have read, understand, and agree to the AACP cancellation policy. Your registration will not be accepted WITHOUT this acknowledgement.

PART 3: Payment Options

☐ Enclosed is my CHECK (in US dollars, drawn on a US bank) payable to AACP in the amount of $__________

☐ Please CHARGE $__________ to my ☐ VISA ☐ MasterCard

Cardholder Name (exactly as it appears on the card)

Card Number Expiration Date

Billing Address (if different from above)

Cardholder’s Signature
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