Sleep Medicine and Dentistry Mini-Residency
Class 4 | 2016

Learn From the Experts at AACP!
Gain the knowledge and clinical skills required to assess and differentially diagnose commonly encountered Temporomandibular Disorders seen in a dental practice that may impact the successful management of a patient with Sleep Disordered Breathing. In addition, you will gain advanced medical and dental training to successfully treat patients with these disorders. Simultaneously, you will make progress toward fulfilling AACP Fellowship and AGD Mastership requirements.

Lectures, Hands-on Workshops, Case Reviews
Approximately 48 CE Credits for the 3 Sessions
Enrollment Strictly Limited to 24 Students – Act Now!

Session 1
April 1 - 2, 2016
Session 2
May 13 - 14, 2016
Session 3
June 3 - 4, 2016

Presented at...
200 Ashford Center North | Suite 195 | Atlanta, GA 30338

LIMITED ENROLLMENT | REGISTER NOW
CALL 800.322.8651 OR FAX 703.435.4390
Dear Colleagues,

I would like to invite you to participate in the newest of the AACP Institute's training program: *Sleep Medicine and Dentistry Mini-Residency*. This three–session training experience will provide you with a comprehensive learning experience in sleep disordered breathing from a comprehensive medical and dental perspective.

The field of “Dental Sleep Medicine,” as it now referred to, is expanding exponentially. There are a variety of reasons for this. There is an increasing awareness of obstructive sleep apnea, frustration by patients and doctors regarding CPAP usage, increased marketing by large dental supply companies and device manufacturers to the dental community and the prospect of increased production adding to the profitability of the dental practice.

Using oral appliances to reposition the mandible is certainly not a new concept. Dentists have been modifying mandibular position for decades for various reasons. One of the traditional reasons has been to treat people with temporomandibular disorders and craniofacial pain. The American Academy of Craniofacial Pain was founded in 1985 by forward thinking dentists who had a special interest in helping people with TMJ disorders and pain problems, emphasizing an orthopedic and structural approach.

The AACP recently published a white paper entitled “Special Consideration Regarding the Assessment and Management of Patients Being Treated with Mandibular Advancement Oral Appliance Therapy for Snoring and Obstructive Sleep Apnea.” The position taken in this paper is that those who wish to help people with snoring and obstructive sleep apnea using oral appliance should be competent in the evaluation, diagnosis and management of TMJ disorders and craniofacial pain. Currently, the vast majority of dentists (as well as physicians) who are fitting patients with oral appliances for snoring and sleep apnea have little or no training regarding TMJ disorders and craniofacial pain, and therefore are NOT competent in the evaluation, diagnosis and management of these issues.

This Mini-Residency was specifically developed by experts in the AACP to provide a fundamental understanding of TMD and Craniofacial Pain, How TMD can effect sleep disordered breathing treatment outcomes and how such treatment effects TMD. Additionally this program will provide foundational knowledge in Sleep disordered breathing issues from a medical perspective and emphasize the treatment of these disorders from a dental perspective.

To fulfill these objective the AACP Institute has drawn from Physicians who are leaders in the field of sleep medicine as well as dental experts with extensive training and clinical experience in the dental treatment of these disorders.

I invite you to join us for this exceptional learning experience. But, act quickly. Course enrollment is strictly limited to 24 participants. So if this is the direction your practice is following or is a new direction that you wish to explore register today.

Terry R. Bennett, DMD
AACP Institute Staff

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**Program Benefits**

- Enrollment is strictly limited to 30 participants to ensure quality instruction. This exceptional learning experience incorporates training from both dentist and physicians who are leaders in the field.
- This program examines this complex discipline from both a medical and dental perspective incorporating important principles of diagnosis and treatment.
- You will leave the program understanding the importance of recognizing TMD prior to initiating treatment and what to do if issues develop after treatment is initiated.

**Teaching/Learning Methodologies**

- Lecture and participation is included with emphasis on clinically relevant knowledge and developing clinical skills.
- Training by both dentists and physicians increased the scope of understanding while fostering the importance of a team approach to insure the highest level of patient care.
Distinguished Faculty

**Dental Staff**

**Terry R. Bennett, DMD**
AACP Past-President
Diplomate: American Board of Craniofacial Pain
American Board of Dental Sleep Medicine
American Board of Craniofacial Dental Sleep Medicine
Fellow: AACP

**Mayoor Patel, DDS, MS**
AACP Board Member
Diplomate: American Board of Craniofacial Pain
American Board of Orofacial Pain
American Board of Dental Sleep Medicine
American Board of Craniofacial Dental Sleep Medicine
Fellow: AACP, AAOP, ICCMO, AGD

**Featured Speakers**

**David G. Dillard, MD, MD**
a Navy veteran, is board certified by the American Board of Otolaryngology, Head and Neck Surgery in Otolaryngology. He has practices in both Athens and Lawrenceville, Georgia. Dr. Dillard has spent over a decade of experience in the treatment of ENT problems with special interests in sinusitis, ear problems, vertigo, and obstructive sleep apnea. In fact, he is the patent pending innovator of multiple devices and treatments that are the result of his many years of experience in his field. In regards to sleep apnea, he has performed over 500 of his patent pending V.O.A.T. surgeries. He has published a number of research articles in major Otolaryngology journals and is one of the most experienced Sinuplasty surgeons in the country. He was the first surgeon certified in Georgia for in-office Sinuplasty.

**Jeffrey Durmer, MD, PhD**
President & Chief Medical Officer at FusionHealth, is a adjunct professor at Georgia State University Department of Health Professions, and co-founder, Chief Medical Officer and President of FusionHealth, an Atlanta-based sleep health technology company. He is a neuroscientist, systems neuroscientist and sleep medicine physician with particular expertise in technology enabled sleep-health delivery systems. At FusionHealth he is responsible for the development of novel medical systems that provide scalable solutions using platform-based technology to diagnose, treat and manage sleep disorders in large employer and health system populations. Prior to FusionHealth, he directed the Emory University pediatric sleep medicine program, as well as the adult sleep laboratory and sleep medicine training programs. He has published multiple medical textbook chapters, original research papers and abstracts, and collaborated with international clinical research teams to develop the clinical criteria utilized to diagnose and treat Willis-Ekbom Disease.

**Gilles Lavigne, DMD, PhD, FRCD** is internationally recognized for his experimental and clinical research projects on sleep bruxism and the interactions between sleep, pain, and breathing disorders. He currently conducts studies on 1) the role of sleep in placebo analgesia and pain relief expectations in emergency medicine, 2) the influence of opioids on sleep airway function, and 3) sleep and pain interactions in brain injury patients. Dr. Lavigne completed his postdoctoral training on the neurobiology of pain at NIH, Bethesda, USA. He received a Doctor honors causa from the Faculty of Medicine, University of Zurich, Switzerland. He holds a Canada Research Chair in Pain, Sleep & Trauma and is Dean of the Faculty of Dental Medicine at the Université de Montréal, Canada. He was President of the Canadian Sleep Society and is currently President of the Canadian Pain Society (2014–2016). He is co-founder and past Director of the three research networks for Oral Health, Pain and Placebo Mechanisms under the Fonds de la Recherche en Santé du Quebec and the Canadian Institutes of Health Research (CIHR).

**Noshir R. Mehta, DDS, MS, FIAOMP, FRCD** is Associate Dean of Global Relations, Professor in the Department of Public Health and Community Service, and Senior Advisor to the Craniofacial Pain, Headache and Sleep Center at Tufts University, School of Dental Medicine in Boston, MA. Dr. Mehta has over 30 years’ experience as Director of the Craniofacial Pain Center treating TMJ patients with a multidisciplinary approach to the diagnosis and treatment of TM Disorders. Under his Directorship, the Craniofacial Pain Center at Tufts expanded to include teaching of undergraduate and postgraduate students, research in TMD and Orofacial pain and treatment of all aspects of head, face and neck pain, and dental sleep disorders such as bruxism and sleep apnea. The center continues to treat approximately 2,000 new patients a year, referred from all over the world. Dr. Mehta is a Diplomate of the American Board of Orofacial Pain and American Board of Dental Sleep Medicine. He is a Fellow of the International College of Dentists, Fellow of the American College of Dentists and Fellow of the Pierre Fouchard Academy.

**Continuing Education Credits**

Approximately 48 CE credits are available to participants in this 3-session *Sleep Medicine and Dentistry Mini-Residency.*

**ADA CERP**

AACP is an ADA CERP-Recognized Provider.
ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education.
ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.
AACP designates this program for approximately 96 credit hours of continuing education credits.

January 1993 to December 2017.

**CALL 800.322.8651 OR FAX 703.435.4390**
Program Highlights

— Physiology of Normal & Abnormal Sleep
— Classification of sleep disorders
— Sleep Bruxism, TMD-orofacial pain and sleep breathing interactions
— Muscular problems, Internal Derangements
— TMJ Exam, Upper airway evaluation
— Dentistry role in sleep medicine and identifying patients within your practice
— Impression/Bite
— Head and neck anatomy review
— Understanding oral appliance therapy
— Intro to medical billing
— Performing a examination and taking a bite (hands on)
— Understanding the TMJ and its interrelationship with SDB
— Treatment options for OSA
— Process of appliance delivery & Titration of OA
— Understanding treatment failures
— Understanding the Polysomnogram and HST
— Managing side effects of OAT
— Marketing you sleep practice/Building relationships
— Understanding the role of the Nasal passage, CT of nasal and airway, sinus and GERD in OSA
— Question and Answer on cases treated in your office
— Fitting of appliance (hands on)
— CBT and its role in managing sleep apnea
— How to determine success
— Dual or Hybrid Therapy
— TMJ splint therapy
— Sleep apnea in children
— Long term follow up care
— Case studies
— Understanding Impression and materials
— Review of TMJ, Managing side effects
— Role of dental team in a dental sleep medicine practice
— Adjunct therapy for pain management
— Practice management

Sleep Medicine and Dentistry Mini-Residency Testimonials

“Best speakers on top of their game from a variety of specialties, I encourage people to please look at attending this course.”
Julia Worrall, RN
Canada

“Worth the trip, very comprehensive, would definitely do it again, easy to follow, practical”
Dr. Sam Talpis
Australia

“Course has been very intensive and informative, all the presenters are very knowledgeable, very approachable, very well organized and I have been very satisfied and very happy with what I have gained in terms of continuing my journey and improving my skills and knowledge about dental sleep medicine.”
Dr. Donny Mandrawa
Australia

“Quality of content, world class nature of the speakers, highly recommend for anyone interested in dental sleep medicine for the knowledge, the tips and shared experiences from those involved.”
Dr. Yule Chen
Canada
Tuition

Members
$6,995.00 (paid in 2 installments)
½ due with registration and ½ due 14 days prior to Session II
$5,995.00 (if paid in full at time of registration)

Non-Members
$7,995.00 (paid in 2 installments)
½ due with registration and ½ due 14 days prior to Session II
$6995.00 (if paid in full at time of registration)

Forms of Payment
VISA, MasterCard or Check (in US funds, drawn on a US bank)

Note: Tuition payment must be received by the AACP to reserve your space in this limited-enrollment mini-residency program!

Join and Save!
Tuition savings is one of many benefits of being an AACP member.
To qualify, simply submit a completed AACP membership application (with processing fee) with your Craniofacial Pain Mini-Residency program registration.
To request your membership application, call AACP at 800.322.8651 OR visit our website at www.aacfp.org.

Cancellation Policy
Refunds will be made only if your space is filled. Refund requests (less 10% of TOTAL cost of the program) must be submitted in writing or email at least 30 days prior to the program start date. Due to non-refundable commitments, we cannot offer refunds after this date.
New for 2015: Optional Observation of PSG and/or CPAP Titration Studies at an Atlanta Sleep Lab

Our upcoming mini-residency is filling up! Register today and you will also have the option to observe PSG and/or CPAP titration studies being performed at Fusion Sleep Lab, an AASM accredited sleep lab, to gain observation hours. To complete these observation hours, you may select from Thursday night before the start of the course, or Friday and/or Saturday night.

Remember, though, spaces are limited to two dentists per night. The hours that you spend observing can also apply to the requirements for Board examination with the ABDMSM or ABCDSM. At the end of the 3-part mini-residency, you will receive a letter that states the hours of observation completed. We recommend that you spend 5 hours per night observing. However, you are free to choose the best fit for your needs or interests. Contact us for more information or to sign up for this upcoming mini-residency.

Accommodations

AACP Registrants may secure their reservations by contacting the Hilton reservations department at 1-800-HILTONS (445-8667) or locally at 404-459-0500 and referring to the following group codes:

- MARCH: AACP1
- MAY: AACP2
- JUNE: AACP3

Room rates are $99/night. We have block of rooms that will release one month prior to course date.

Hilton Garden Inn Atlanta Perimeter Center
1501 Lake Hearn Drive | Atlanta, Georgia 30319
Hotel: 404.459.0500 | Direct: 404.504.0431
Fax: 404.459.0594 | URL: www.atlantaperimeter.hgi.com
PART 1: Registrant’s Information — Please Print Clearly

Name

Street Address

City      State    ZIP    Country

Phone      Fax

E-mail

PART 2: Registration Details

<table>
<thead>
<tr>
<th>Membership Status</th>
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<tr>
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<td>$___________</td>
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<tr>
<td>☐ Non-Member</td>
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<tr>
<td>☐ Entire 3-Session Sleep Medicine and Dental Mini-Residency</td>
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NOTE: Please initial at the left to confirm that you have read, understand, and agree to the AACP cancellation policy. Your registration will not be accepted WITHOUT this acknowledgement.

PART 3: Payment Options

☐ Enclosed is my CHECK (in US dollars, drawn on a US bank) payable to AACP in the amount of $___________

☐ Please CHARGE $___________ to my ☐ VISA ☐ MasterCard

Cardholder Name (exactly as it appears on the card)

Card Number      Expiration Date

Billing Address (if different from above)

Cardholder’s Signature

Hurry! Enrollment is limited and offered on a first-come, first-served basis.