

# Dental Sleep Medicine Mini-Residency



**January 26-27, 2018; March 2-3, 2018; April 6-7, 2018**

The April date is during Passover so we will provide a Kosher meal for those who request it.

**REGISTER EARLY, SPACE IS LIMITED!!!**

The three, weekend sessions (48 hours of CE) of lecture from nationally recognized experts and hands-on clinical exercises will prepare each participant to evaluate patients for, and deliver in their dental offices, customized oral appliance therapy for obstructive sleep apnea and snoring. Working in small groups, participants will be guided by course faculty in state-of-the-art patient examination techniques, impression and record taking, fitting and adjusting oral appliances that are marketed for sleep-disordered breathing, and in the identification and management of side effects. A group dinner will be held Friday, March 2<sup>nd</sup> and webinars will be held between the sessions. Faculty will include **Dr. Terry Bennett, Dr. Mayo Patel, Dr. Jamison Spencer, Dr. Jim Hogg, Dr. Greg Essick** and more.

Learn How to:

- 🌈 Describe basic physiology of normal and abnormal sleep, of obstructive sleep apnea (OSA) and other common sleep disorders.
- 🌈 Screen patients for sleep disorders in your dental practice
- 🌈 Evaluate patients for oral appliance therapy and how to take the required bite records
- 🌈 Deliver oral appliances, assess their fit to the teeth, and adjust oral appliances
- 🌈 Manage side effects of oral appliance therapy
- 🌈 Outline strategies to optimize communications between dental & medical colleagues
- 🌈 AND MUCH, MUCH MORE!

A parallel program will be offered for dental staff. Dental Assistants and/or Dental Hygienists may attend for a weekend session or for all 3 sessions. In order to register for the event your registration must be accompanied by your dentist's registration. No dental assistants or hygienists will be allowed to attend without a dentist.

**REGISTRATION WILL OPEN IN EARLY NOVEMBER! TO BE PLACED ON THE WAITING LIST PLEASE EMAIL [CDE@DENTISTRY.UNC.EDU](mailto:CDE@DENTISTRY.UNC.EDU)**

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